

2022 CDC Clinical Practice Guideline for Prescribing Opioids for Pain: Piecing the Puzzle Together

What is the Goal?



To provide a set of recommendations about how prescribers can best find the balance between managing pain and mitigating risk with opioids



What is the Structure?



Broken into 4 different categories..

Determining...

whether or not to initiate opioids for pain

1

Deciding...

duration of initial opioid prescription and conducting follow-up

3

Selecting...

opioids and determining dosages

2

Assessing...

risk and addressing potential harms of opioid use

4

Recommendations

#1. Nonopioid therapies at least as effective for acute pain

#2. Nonopioid therapies preferred for subacute and chronic pain

Determining

#3. Immediate release for starting (not ER/ LA)

#4. Lowest effective dosage for starting

#5. Carefully weigh benefits & risks when adjusting dosage

Selecting

#6. Prescribe small quantities for acute pain

#7. Evaluate patient 1-4 weeks after change in med; regularly reevaluate after

Deciding

#8. Evaluate and discuss opioid risks; offer naloxone

#9. Review PDMP to assess patient risk

#10. Consider benefits & risks of toxicology testing for opioid therapy

#11. Caution with concurrent opioid & benzodiazepine use

#12 . Facilitate access to MOUD for patients with OUD

Assessing



Full online version of the 2022 Clinical Practice Guideline!