

## **2026 Academic Detailing Opioid Topics**

Meet with an Academic Detailer: Individual Sessions for Prescribers  
*30-minute or 60-minute sessions*

### **1. ODU and Buprenorphine**

- Review the diagnostic criteria for opioid use disorder.
- Compare the three medications available to treat OUD with a focus on buprenorphine.
- Discuss Harm Reduction strategies for OUD treatment.

### **2. Controlled Substance Prescribing in Maine: Requirements and Recommendations**

- Review the best practice recommendations for controlled substance prescribing.
- Evaluate Maine-specific laws and rules pertaining to prescribing opioids.
- Discuss recommendations for tapering controlled substances.

### **3. CDC Opioid Prescribing Guideline**

- Recall at least four of the Guideline's 12 Recommendations.
- List two strategies for managing acute pain.
- Implement one recommendation for patients on long-term opioid therapy (LTOT).

To schedule an Academic Detailing session, contact Susan Kring  
[skring@mainephysicians.org](mailto:skring@mainephysicians.org) (207) 480-4190 or at [micismaine.org/contact/](http://micismaine.org/contact/).

The Maine Independent Clinical Information Service is a program of the  
Maine Medical Association.

*The Hanley Center for Health Leadership and Education designates this live activity for a maximum of 3 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.*

*This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Hanley Center for Health Leadership and Education and the Maine Independent Clinical Information Service (MICIS). The Hanley Center for Health Leadership and Education is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.*

Each Academic Detailing session above qualifies for a maximum of 1 credit of the 3 CME credit requirement for opioid medication education found in P.L. 2015, Chapter 488, Maine's legislation to address the opioid drug crisis.