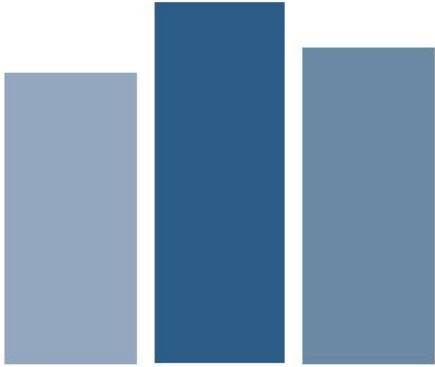


# Dustin's story

*Start with this video before sharing  
slides:*

<https://youtu.be/BTVLCM6N6H8>

# MICIS



Maine Independent Clinical Information Service



Maine Medical Association



# USING DATA TO IMPROVE OPIOID PRESCRIBING

presenter

**CHARLES PATTAVINA, MD**

# Disclosures

- MICIS does not accept any money from pharmaceutical companies/commercial interests
- Speakers and planners have no significant or relevant financial relationships to disclose
- I have no conflicts of interest

# Objectives

- Use the PMP as a tool to improve prescribing
- Review data & resources at ME Drug Data Hub
- Support & participate in harm reduction

# **BACKGROUND- OPIOID PRESCRIBING AND MISUSE DATA**

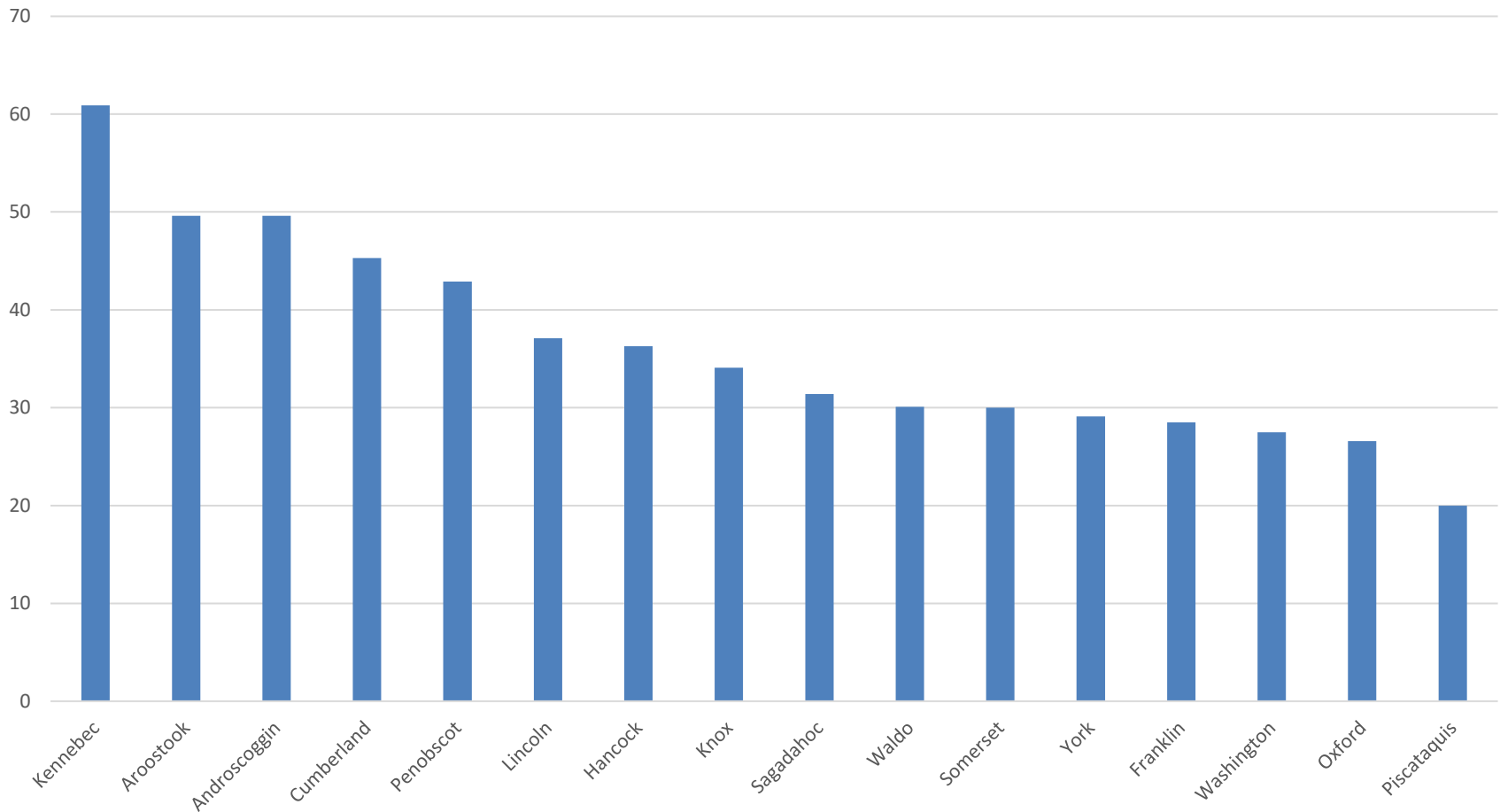
# US Opioid Prescribing

- Peaked in 2012
- 2020 lowest levels since 2005
- Still significantly above pre-opioid crisis prescribing rates of 1990s (about double)
- Some US counties have rates 9x national average (none in Maine)



# 2020 ME Opioid Prescribing Rates

(per 100 residents per year,  
based on location of prescriber)

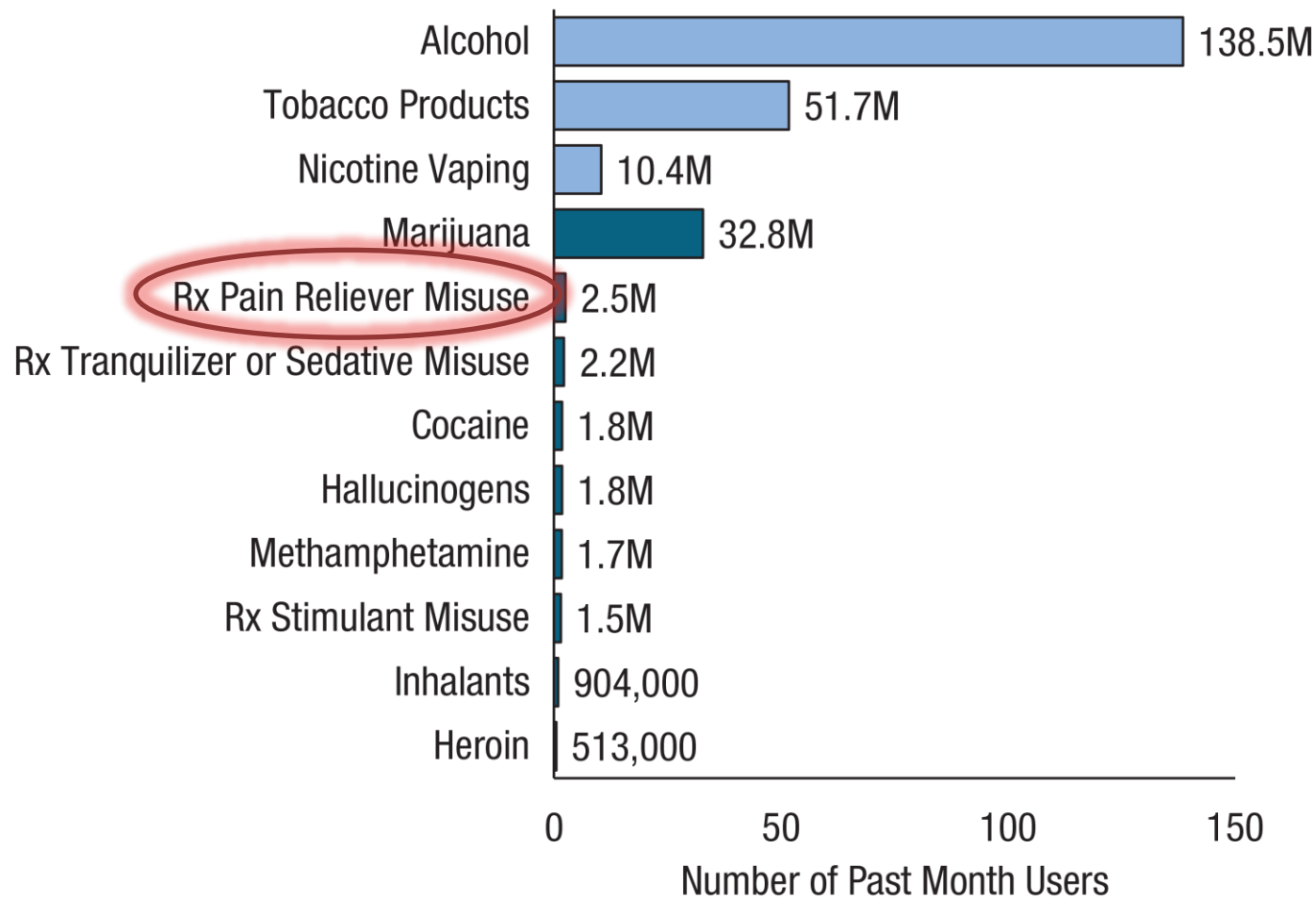


Substance Abuse and Mental Health Services Administration (SAMHSA)

# **2020 NATIONAL SURVEY ON DRUG USE AND HEALTH**

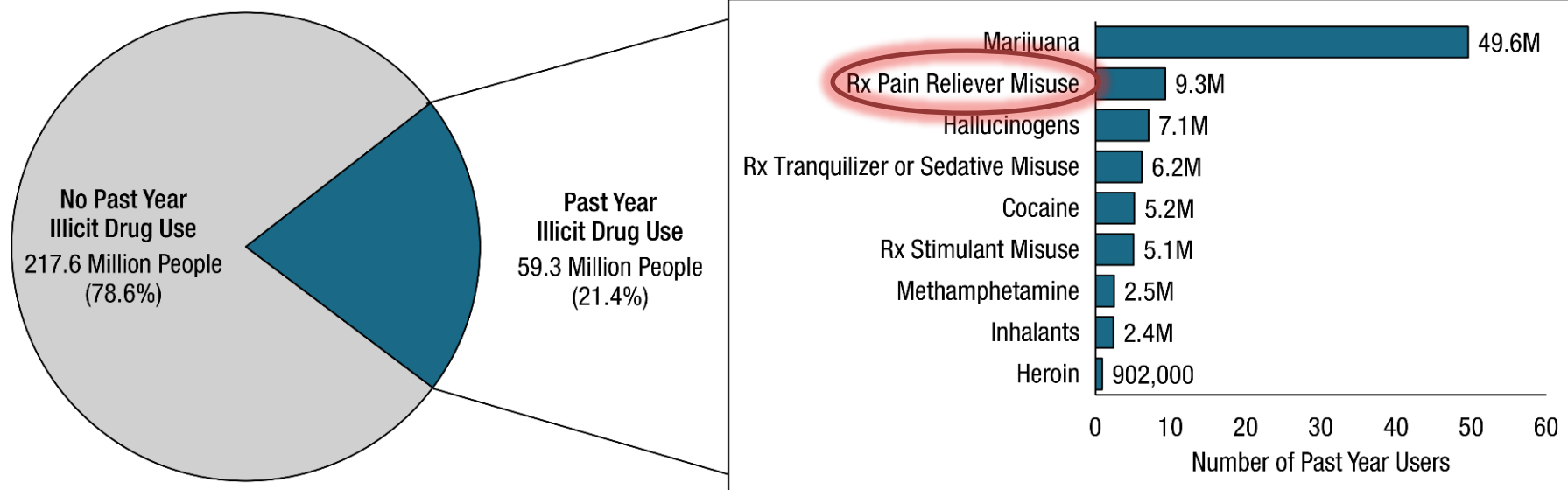
# Past Month General Substance Use and Nicotine Vaping:

Among People Aged 12+



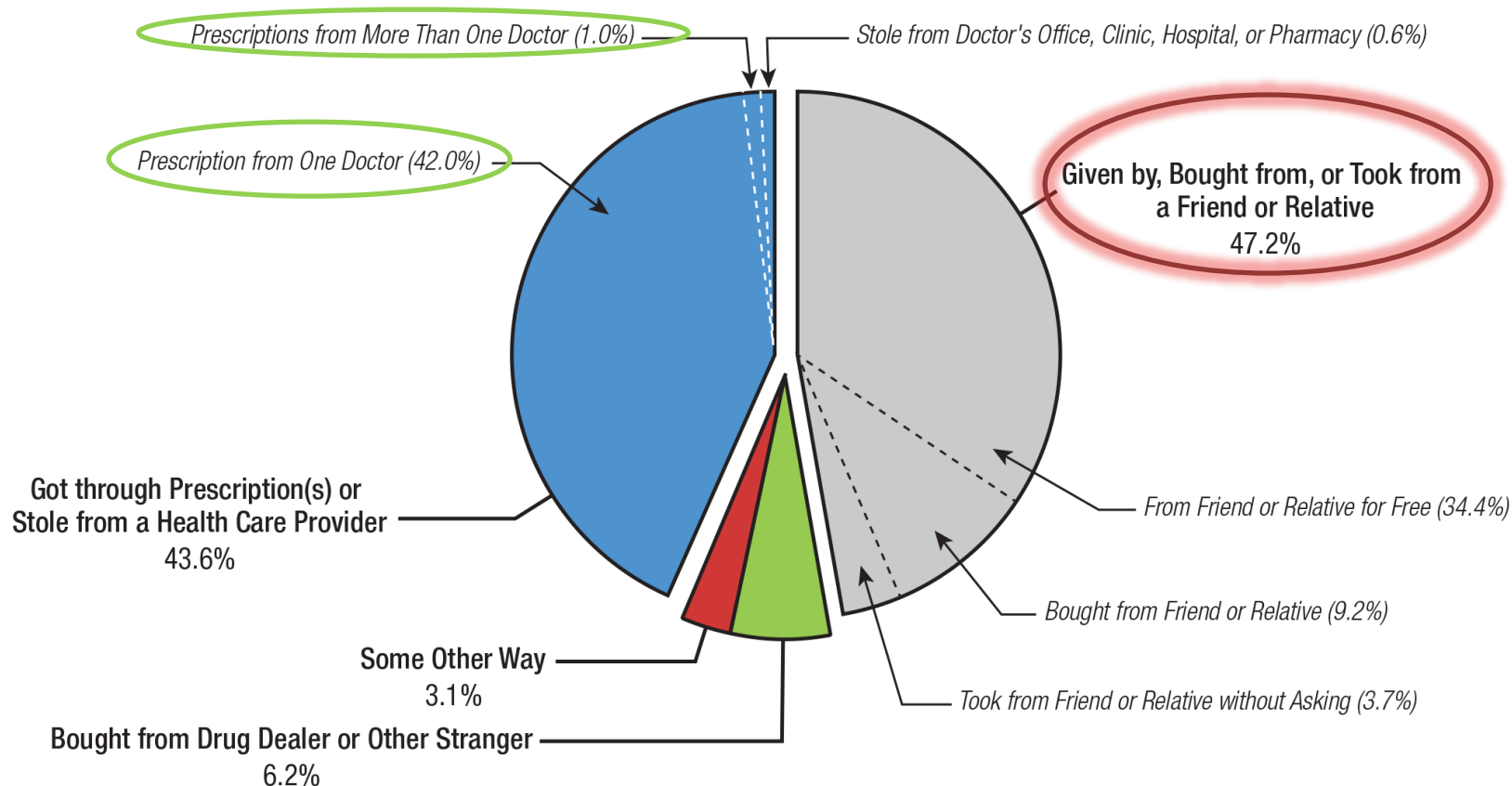
2020 National Survey of Drug Use and Health  
Slide created by SAMHSA

# Past Year Illicit Drug Use: Among People Aged 12+



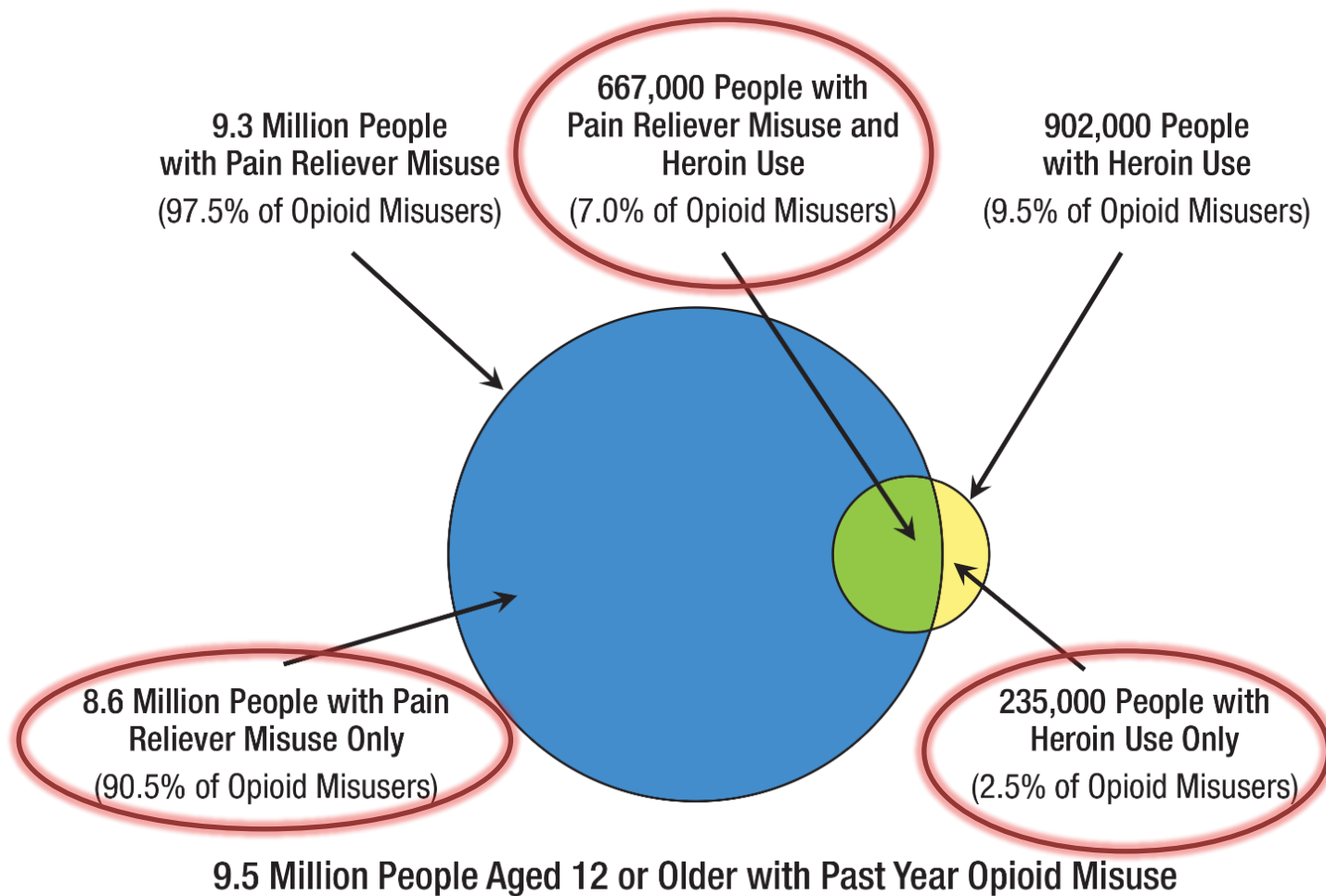
2020 National Survey of Drug Use and Health  
Slide created by SAMHSA

# Source Where Pain Relievers Were Obtained for Most Recent Misuse: Among People Aged 12+ Who Misused Pain Relievers in the Past Year

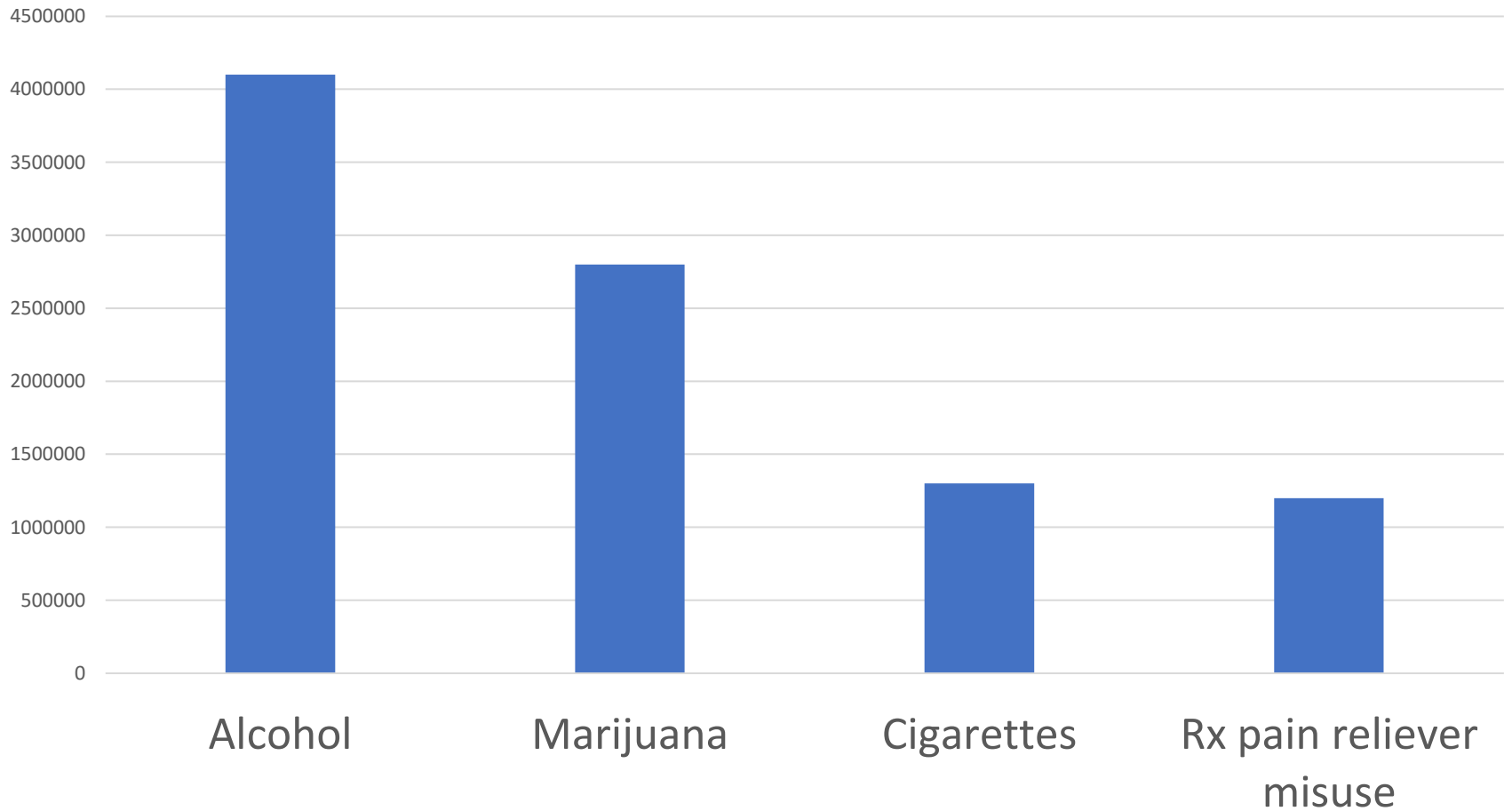


9.3 Million People Aged 12 or Older Who Misused Pain Relievers in the Past Year

# Past Year Opioid Misuse: Among People Aged 12+



# New Substance Initiation 2020



# MAINE PRESCRIPTION MONITORING PROGRAM (PMP)



# Using the PMP

- Develop a standard workflow to check the PMP--“Check your check”
- Discuss the PMP report with the patient carefully
- Review quarterly
  - high-risk reports
  - patient alert dashboard
  - prescriber report
  - MyRX
- Use as a registry for QI projects

# 2022 Updates from the Maine PMP

- Regular confirmation of prescriber + delegate information
- Additional states being added to multi-state platform
- Backend query that PMP is being checked before prescribing opioids/benzos (\*\*make sure delegate attributing correctly\*\*)
- Deceased patients will be flagged

# Check your own Prescriber Report & MyRX



Menu

## Home

Dashboard

PMP Announcements

## Rx Search

Patient Request

Bulk Patient Search

Requests History

Prescriber Report

MyRx

Patient Alerts

# Prescriber Report

Maine

## Prescription Monitoring Program PMP Prescriber Report



Date: 7/17/2021

Name: [REDACTED]

Role: Physician (MD, DO)

Date Covered by this Report: 01/01/2021 - 06/30/2021

DEA #: [REDACTED]

Specialty: Addiction Medicine

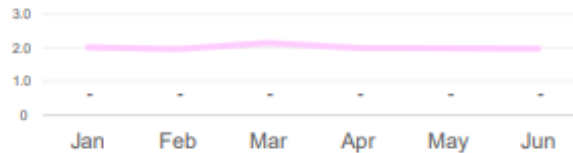
Total Prescribers Within  
Your Specialty:  
74

### TOP MEDICATIONS PRESCRIBED

buprenorphine HCl/naloxone HCl	N/A	N/A
	You	Peer Specialty Comparison

#### OPIOIDS

##### Prescriptions per Patient



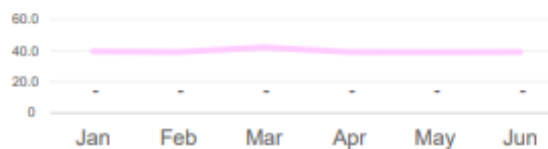
##### Average Daily MME per Patient



##### Average Quantity per Patient



##### Average Duration per Patient (Days)

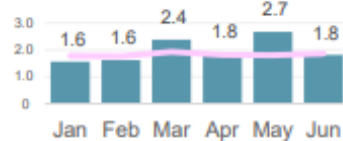


# of Patients: 0

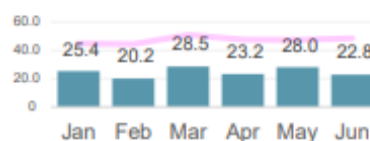
# of Patients Peer: 7

#### BUPRENORPHINE

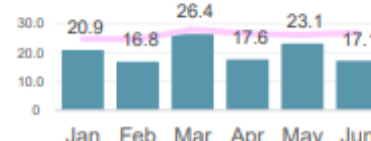
##### Prescriptions per Patient



##### Average Quantity per Patient



##### Average Duration per Patient (Days)



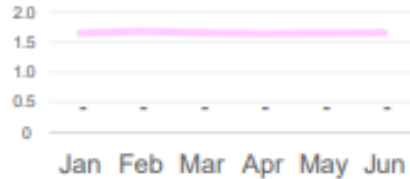
# of Patients: 84

# of Patients Peer: 42

# Prescriber Report

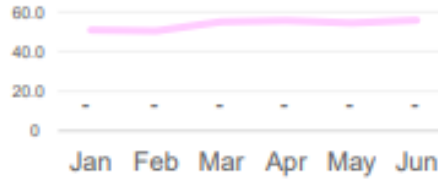
## SEDATIVES

Prescriptions per Patient



# of Patients: 0

Average Quantity per Patient



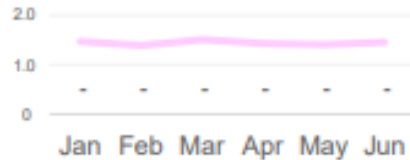
# of Patients Peer: 13

Average Duration per Patient (Days)



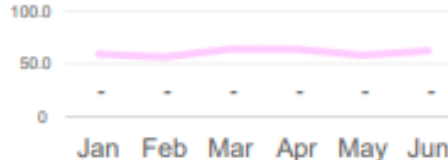
## STIMULANTS

Prescriptions per Patient



# of Patients: 0

Average Quantity per Patient



# of Patients Peer: 6

Average Duration per Patient (Days)



## AT-RISK PATIENTS

Dangerous Combination

Benzo + Opioid	
0	1
You	You + Other Prescribers
Benzo + Opioid + Carisoprodol	
0	0
You	You + Other Prescribers

Multiple Providers

Patients with 5 or more Prescribers
13
Patients with 5 or more Pharmacies
0

MME Threshold

Patients Receiving Avg Daily MME >= 90
0
Patients Receiving Avg Daily MME >= 120
0

## PDMP USAGE

Patient Searches by You

18

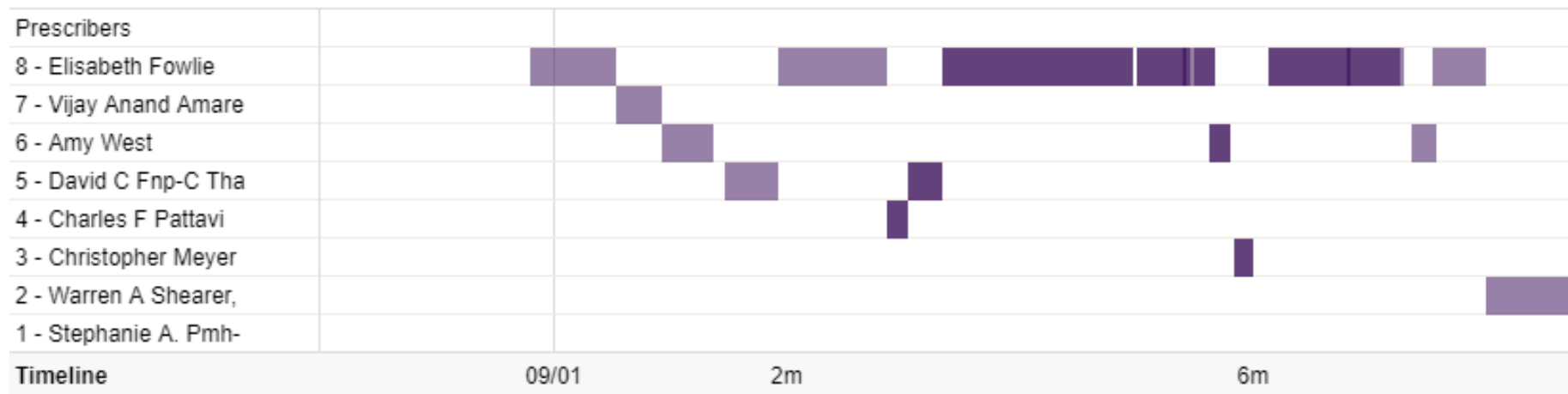
Patient Searches by Your Delegate(s)

288

Your Total Patient Searches

306

# Multiple Providers-Not a Red Flag in Every Situation



\*All these providers work with PCHC Addiction clinics in Bangor

# MyRX

## My Rx

### Prescriptions Written

No earlier than 6 years from today

From\*



To\*



### DEA Numbers



BM



XM

### Generic Drug Name (Optional)

Drug Name

Search

# MyRX

Date Written	DEA(Last 4)	Patient	Year of Birth	Drug Name
08/30/2021	9999	Vader, Luke	1977	SUBOXONE 12 MG-3 MG SL FILM
08/30/2021	9999	Solo, Han	1980	SUBOXONE 8 MG-2 MG SL FILM
08/30/2021	9999	Vader, Darth	1983	SUBOXONE 4 MG-1 MG SL FILM
08/30/2021	9999	Kenobi, Obi-Wan	1999	BUPRENORPHINE-NALOX 12-3MG FLM
08/30/2021				SUBOXONE 8 MG-2 MG SL FILM
08/30/2021				SUBOXONE 8 MG-2 MG SL FILM
08/23/2021				SUBOXONE 8 MG-2 MG SL FILM
08/23/2021				BUPRENORPHINE-NALOX 8-2MG FILM
08/23/2021				SUBOXONE 12 MG-3 MG SL FILM
08/23/2021				SUBOXONE 8 MG-2 MG SL FILM
08/23/2021				BUPRENORPHINE-NALOX 8-2 MG TAB



Days Supply	Pharmacy	Pharmacy Address
8	PENOBSCOT COMMUNITY HEALTH CENTER INC	PO BOX 439 - BANGOR ME 04402
4	PENOBSCOT COMMUNITY HEALTH CENTER INC	PO BOX 439 - BANGOR ME 04402
8	HANNAFORD BROS. CO., LLC	500 STILLWATER AVE - OLD TOWN ME 04468
4	SHAW'S SUPERMARKETS INC	353 MAIN ST - BANGOR ME 04401
5	PENOBSCOT COMMUNITY HEALTH CENTER INC	PO BOX 439 - BANGOR ME 04402
8	M DRUG LLC	210 STATE ST - BANGOR ME 04401
9	HANNAFORD BROS. CO., LLC	1133 UNION ST - BANGOR ME 04401
9	HANNAFORD BROS. CO., LLC	1133 UNION ST - BANGOR ME 04401
7	HANNAFORD BROS. CO., LLC	1133 UNION ST - BANGOR ME 04401
7	PENOBSCOT COMMUNITY HEALTH CENTER INC	PO BOX 439 - BANGOR ME 04402
15	PENOBSCOT COMMUNITY HEALTH CENTER INC	PO BOX 439 - BANGOR ME 04402





# NarxCare™ Scores

- Narx indicates risks from opioids ('narcotics'), sedatives + stimulants
- ORS (overdose risk score) uses data science to assess risk of unintentional overdose death
- Both scores range from 000-999

# NarxCare™ Scores

## NARx for three medication types & Overdose Risk (ORS)

**Vader, Luke, 55M**

Date of Birth:  
07/15/1966

Recent Address:

[View Linked Records \(1\)](#)



### Narx Scores

Narcotic

**542**

Sedative

**120**

Stimulant

**000**

[Explanation and Guidance](#)

### Overdose Risk Score

**320**

(Range 000-999)

[Explanation and Guidance](#)

### State Indicators (1)

 Daily Active MME  $\geq$  144.79

# NarxCare™ Scores

- Last digit of Narx score indicates number of active prescriptions of that drug type
- Narx scores based on
  - number of prescribers and pharmacies
  - MME (morphine milligram equivalents)
  - overlapping prescriptions by different prescribers
  - more recent activity weighted more heavily

# NarxCare™ Scores

Vader, Luke, 55M

Date of Birth: 07/15/1966

Recent Address:

[View Linked Records \(1\)](#)



## Narx Scores

Narcotic  
**542**

Sedative  
**120**

Stimulant  
**000**

[Explanation and Guidance](#)

## Overdose Risk Score

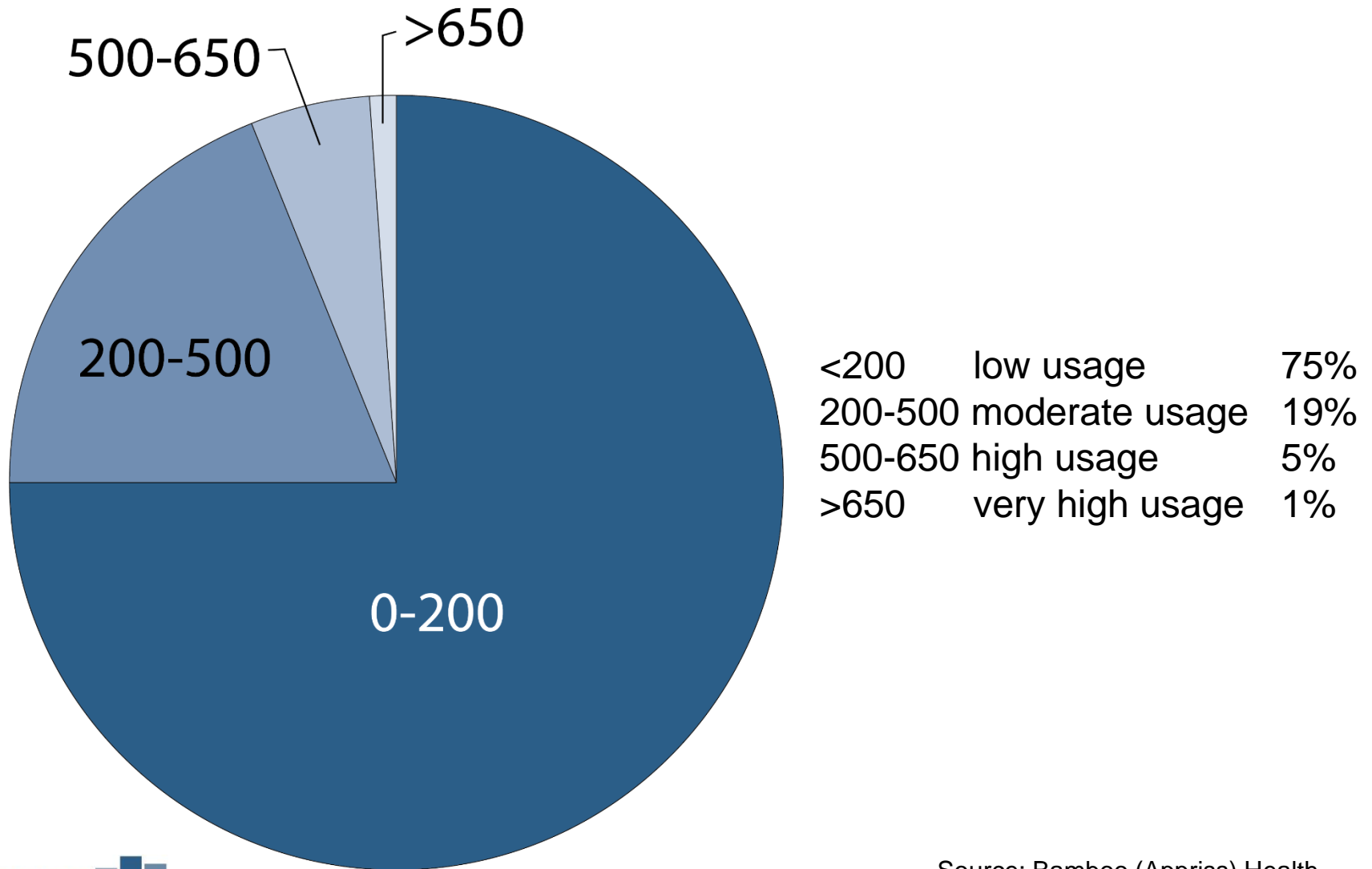
**320**  
(Range 000-999)

[Explanation and Guidance](#)

## State Indicators (1)

 Daily Active MME >= 144.79

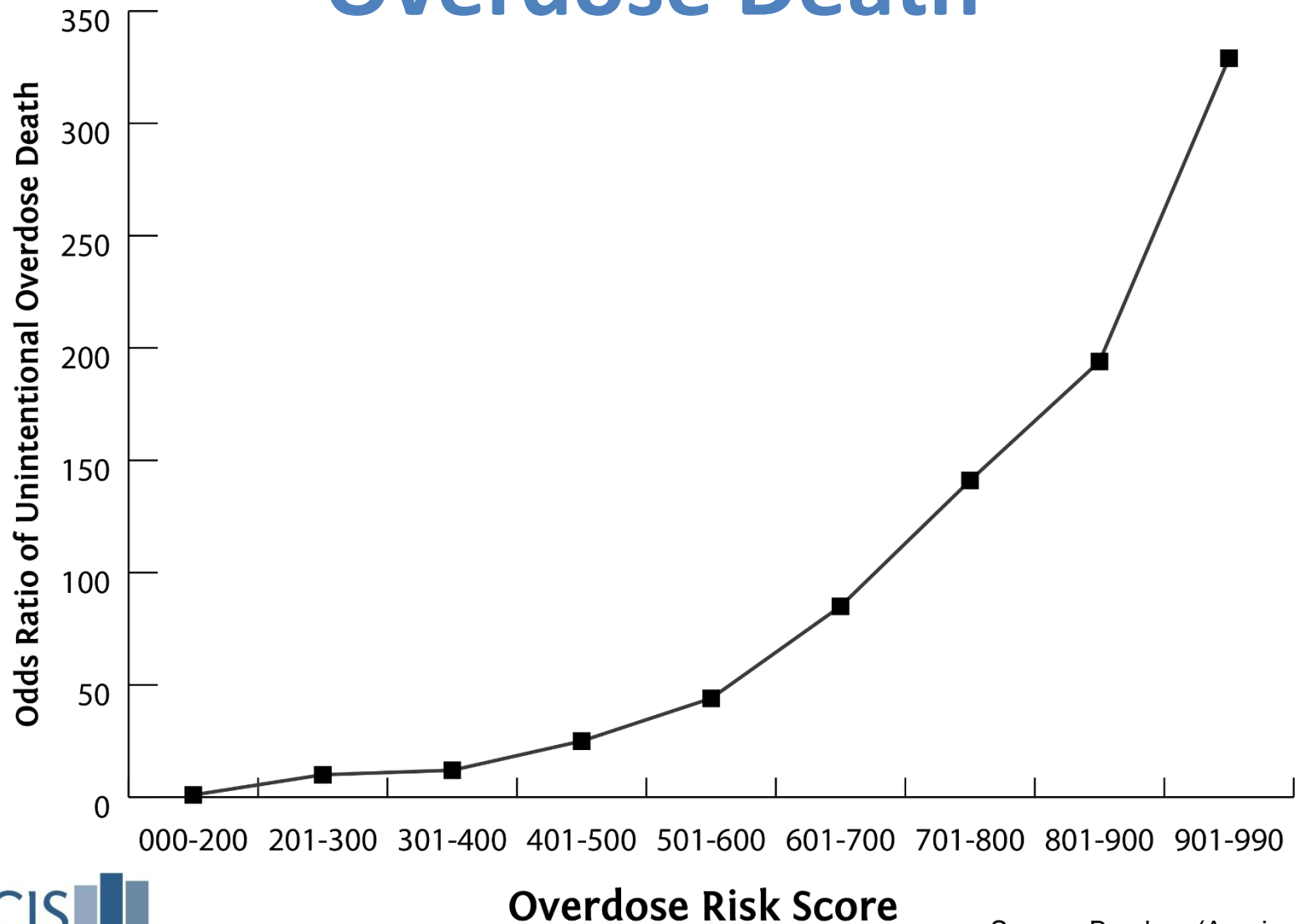
# Distribution of NARx Scores



# NarxCare™ Scores

- High scores should trigger a DISCUSSION, not a DECISION
- Very high scores indicate pts at RISK of misuse or addiction
- Risk of unintentional OD death DOUBLES with every 100 point increase in ORS

# ORS Predicts Unintentional Overdose Death



# Overdose Risk (ORS) & NARx Scores >200

## ➤ Opportunity to:

- Rx naloxone
- Discuss de-prescribing
- Assess for misuse

## ➤ Should not result in:

- Abrupt discontinuation of medication
- Denial of care
- Termination of care



# Analyzing prescription history

## Morphine Milligram Equivalent Prescribed Over Time



## Buprenorphine (mg) Prescribed Over Time



# Analyzing prescription history

## Lorazepam MgEq (LME) Prescribed Over Time



Prescriptions

## RX Summary

### Summary

Total Prescriptions	12
Total Private Pay	1
Total Prescribers	11
Total Pharmacies	1

### Opioids\* (excluding Buprenorphine)

Current Qty	714
Current MME/day	279.81
30 Day Avg MME/day	279.81

### Buprenorphine\*

Current Qty	0
Current mg/day	0.00
30 Day Avg mg/day	0.00

# Analyzing prescription history



Filled ▼	Written ↕	Sold ↕	ID ↕	Drug ↕	QTY ↕	Days ↕
08/03/2021	07/18/2021	08/08/2021	1	Spiriva 18 Mcg Cp-Handihaler	801.00	201
08/02/2021	07/14/2021	08/02/2021	1	Oxycodone-Acetaminophen 7.5-325	369.00	246
08/02/2021	07/15/2021	08/03/2021	1	Unilet Ultra Thin 28g Lancets	27.00	297
08/01/2021	07/20/2021	08/06/2021	1	Chlordiazepoxide 25 Mg Capsule	223.00	145
07/30/2021	07/16/2021	07/31/2021	1	Anastrozole Powder	513.00	123
07/29/2021	07/14/2021	07/31/2021	1	Ninjacof-Xg Liquid	936.00	106
07/27/2021	07/13/2021	07/28/2021	1	Cocaine Hydrochloride Pwd	258.00	158
07/25/2021	07/16/2021	07/27/2021	1	Kadian Er 200 Mg Capsule	386.00	296

\*\*SAMPLE PATIENT

# Analyzing prescription history



Prescriber ↕	RX # ↕	Dispenser ↕	Refill ↕	Daily Dose* ↕	Pymt Type ↕	PMP ↕
Bi 552	57069395	Dru (4563)	17		T Medicaid	ME
Ha Inc	6942291	Dru (4563)	41	16.88 MME	T Indian Nat	ME
So L.I	9243705	Dru (4563)	2		T Other	ME
Ma Koz	45314637	Dru (4563)	31	1.54 LME	T Indian Nat	ME
Dr Pha	33580607	Dru (4563)	18		T Worker's Comp	ME
Sa 10-	67275085	Dru (4563)	74	2.12 MME	T Other	ME
So L.I	3609654	Dru (4563)	93		T Indian Nat	ME
Br Spi	3710064	Dru (4563)	82	260.81 MME	T Private Pay	ME

\*\*SAMPLE PATIENT

# EHR-PMP Integration



New name for Appriss



## Gateway Integration Welcome Packet

Maine Prescription Monitoring Program (PMP)

Released 10/15/2021; associated licensing fees covered by state  
See Maine PMP link on reference slide

# Chronic Pain Education for pts & providers

HOME PAIN TREATMENT GUIDELINES ASSESSMENT TOOLS MED CALCULATOR PROVIDER RESOURCES PAIN EDUCATION TOOLKIT TOOLKIT FOR CLINICIANS

OPG

OREGON PAIN GUIDANCE

The Oregon state resource for healthcare professionals treating pain



Select Language ▼



## Pain Education Toolkit

Understanding Pain

Sleep

Nutrition

Activity

Mood

Social

Flare-Ups

Medications

Peer Support Resources

COVID-19 Pain Flareups

Patient Animated Videos

Safe Disposal Sites



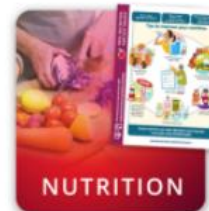
Welcome to the Pain Education Toolkit. This toolkit provides pain management education for patients about how they can improve their health and better manage their pain. Choose a topic to access these tools to help with pain.



UNDERSTANDING PAIN



SLEEP



NUTRITION



ACTIVITY



MOOD



SOCIAL



FLARE-UPS



MEDICATIONS

# TOUR OF THE MAINE DRUG DATA HUB

# mainedrugdata.org

mainedrugdata.org

Women's Basketbal... Commission on Co... Maine Public | Main... Login | Salesforce My Profile - Alosa Z... ASAM NPG C ME CDC Harvest News - Bangor Dail... PCHC Citrix Bangor TM Mentor... MHDO Prescription...

Maine Drug Data Hub

[Home](#)

[Drug Data](#)

[Reports and Websites](#)

[Data Index](#)

[Glossary](#)

[Get Naloxone](#)

[Know Your OPTIONS](#)

[Get Help](#)

...  
Menu

## Maine Drug Data Hub Home



The Maine Drug Data Hub is a collaboration between several state departments, the Governor's Office and the University of Maine. The aggregation of state and community information on the hub provides resources, data, and visualizations to inform Mainers about efforts to reduce the harm caused by drug use and drug overdose and to track progress towards reaching the goals outlined in [Governor Janet Mills' Maine Opioid Response Strategic Action Plan](#).

The data, information, and resources available on the Maine Drug Data Hub is constantly being updated. Data sets, reports, and graphics are updated monthly, quarterly, and annually. New data metrics are added as they become available.

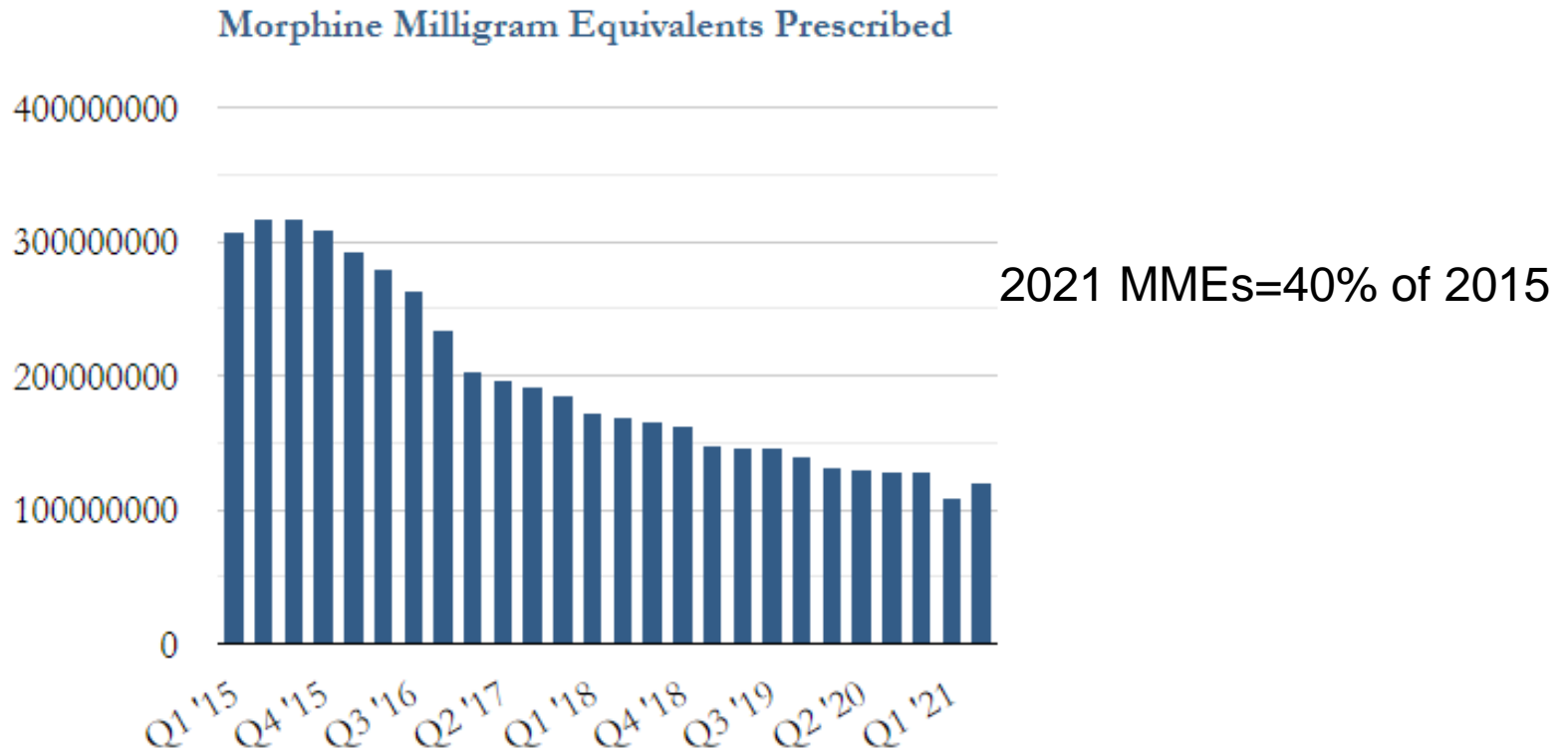


## Navigate the Data



# PRESCRIBING

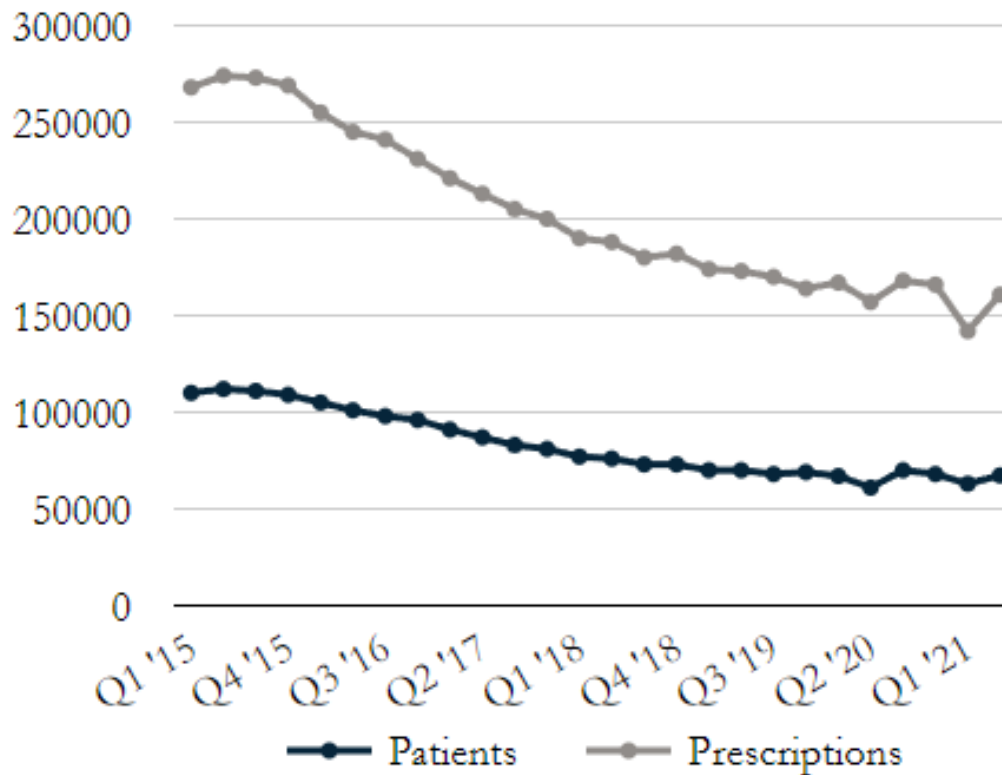
# Prescription Opioids



Source: Maine Prescription Drug Monitoring Program.

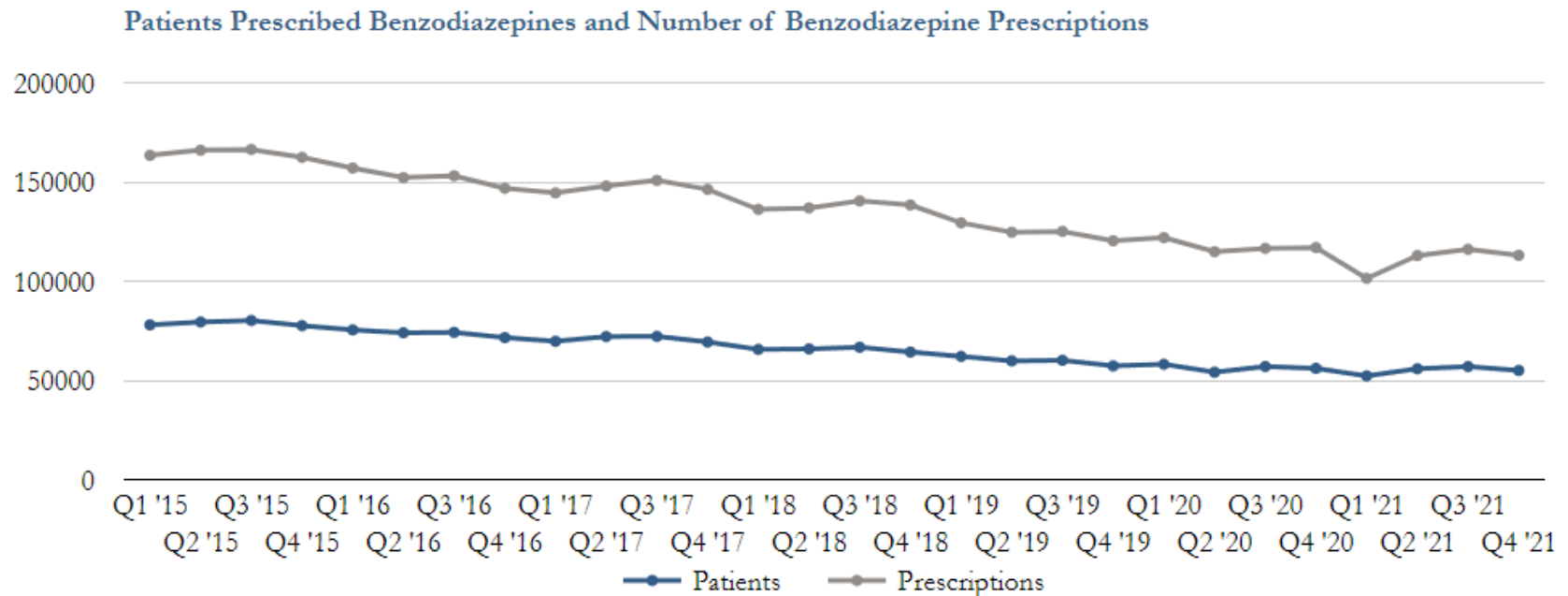
# Prescription Opioids

Patients Prescribed Opioids and Number of Opioid Prescriptions



Opioids are still prescribed to 5% of Maine's population

# Prescription Benzodiazepines

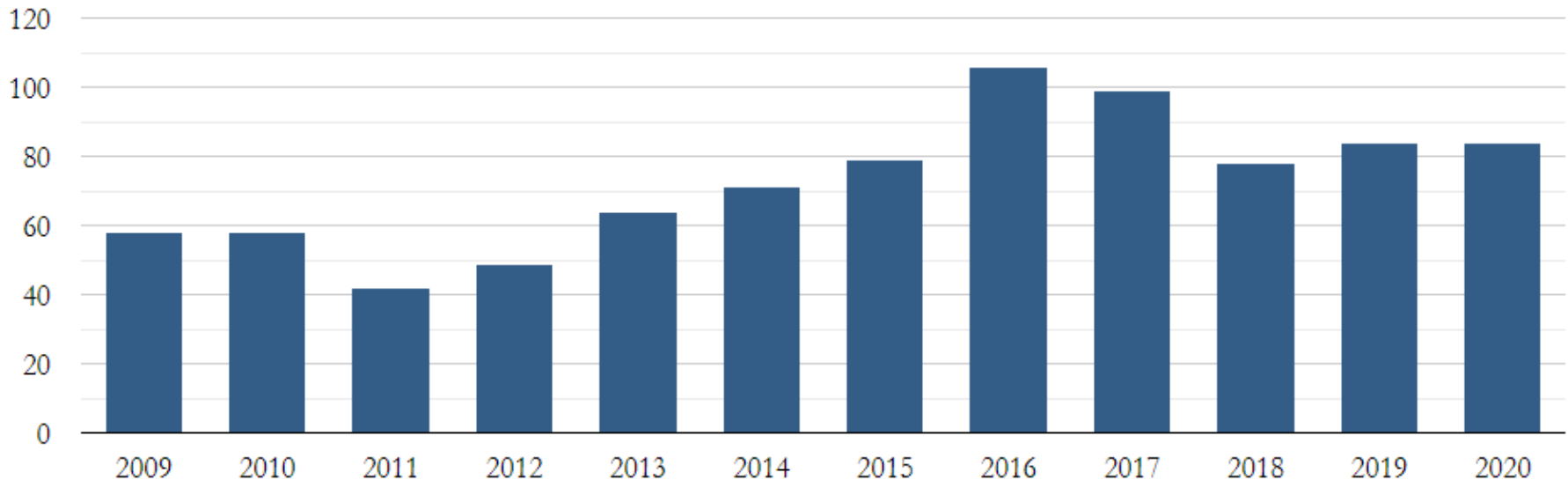


Source: Maine Prescription Drug Monitoring Program.

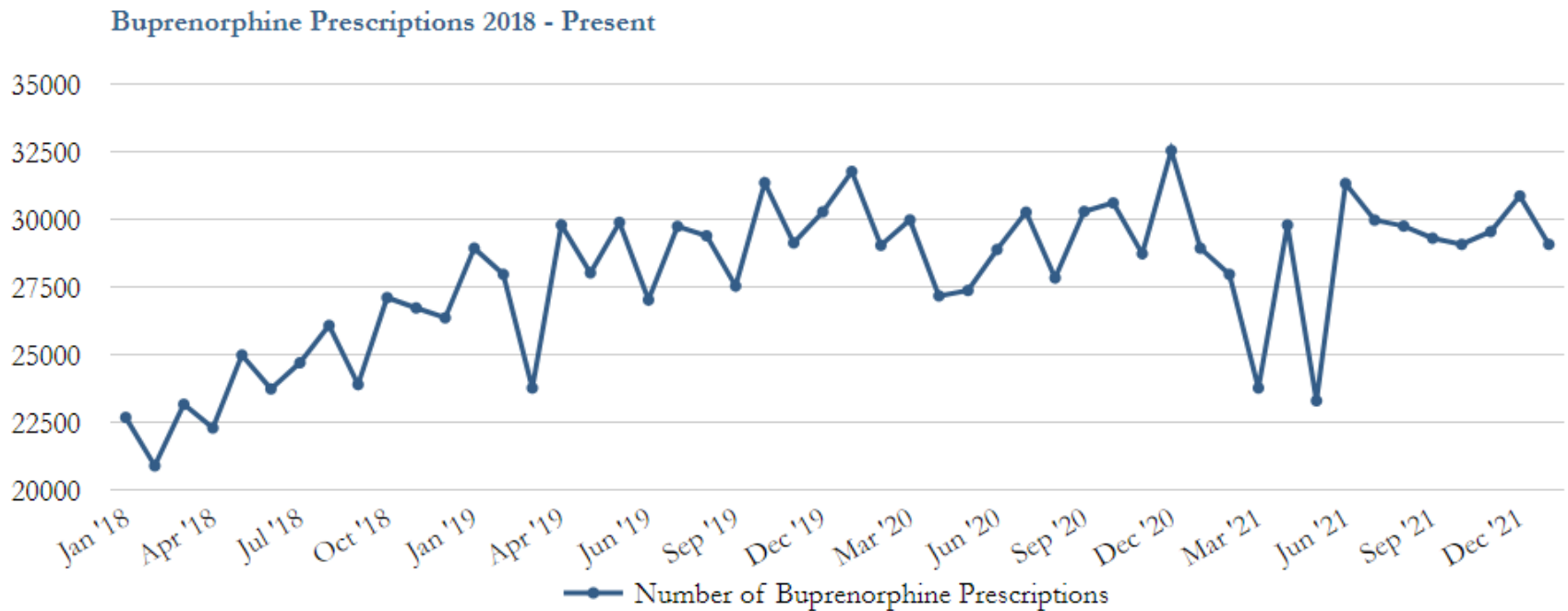
Benzos are prescribed to >4% of Maine's population with significant overlap with opioid prescribing

# Overdose Deaths Involving Benzodiazepines

Deaths caused by Benzodiazepines Alone or in Combination with other Drugs or Alcohol



# Buprenorphine prescribing up 43% in past 3 years



**YOU NO LONGER NEED TO TAKE A  
CLASS TO GET AN X-WAIVER!**

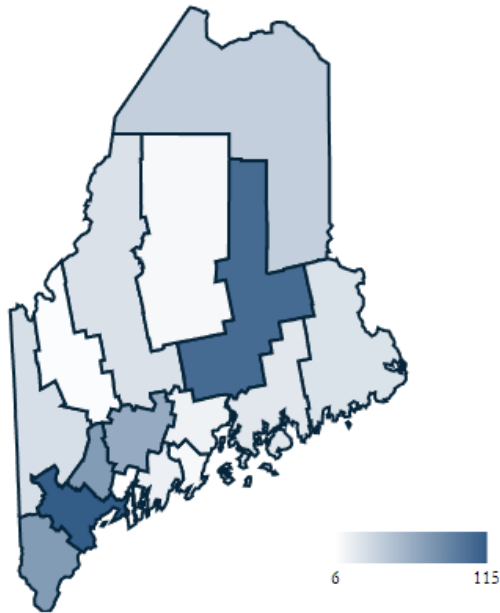
But MICIS has an individualized 1 hour class available!



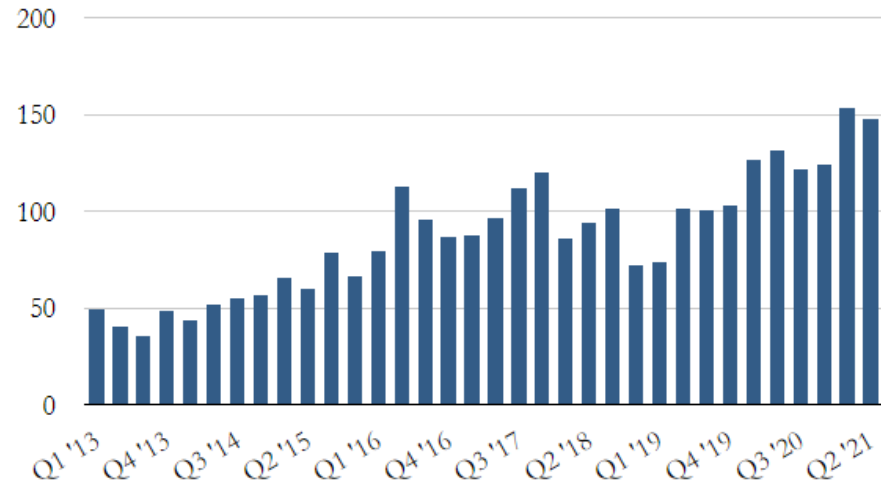
# OTHER OPIOID CRISIS DATA

# Drug Overdoses-Increasing

Fatal Drug Overdoses January – December 2021



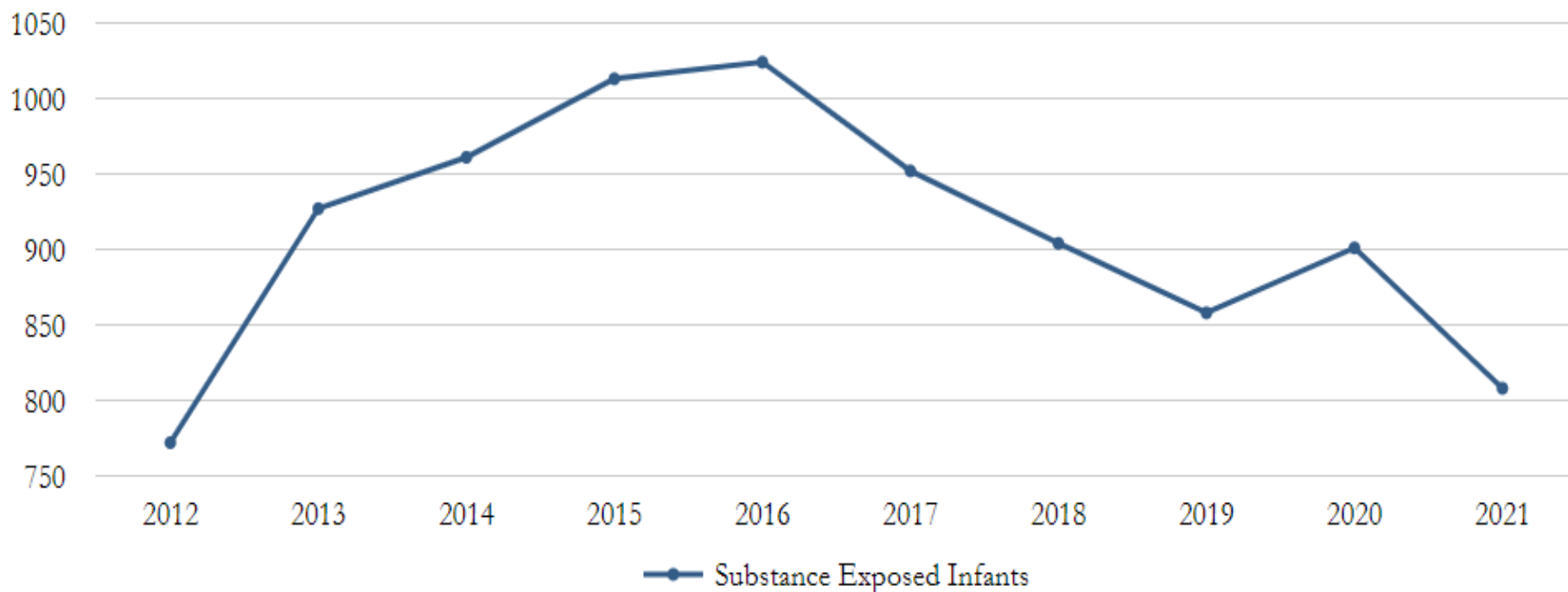
Drug Deaths in Maine by Quarter, 2013 - Q2 2021



Source: [Office of the Maine Attorney General, Office of Chief Medical Examiner, Maine Drug Death Report 2020](#); [Office of the Maine Attorney General and the Office of Behavioral Health, Maine Monthly Overdose Report for December 2021](#).

# Infants with Substance Exposure-decreasing

Babies born in Maine exposed to substances

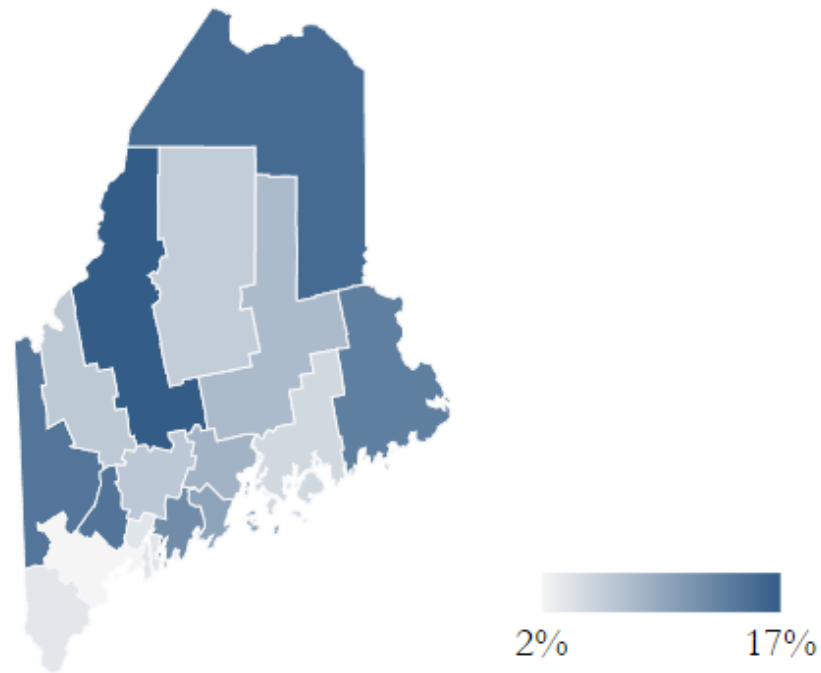


# Infants with Substance Exposure-decreasing

Number and Percentage of Babies Born Exposed/Affected to Substances in  
Maine, 2020

4 Counties have double  
the state average:

Aroostook  
Somerset  
Androscoggin  
Oxford



\*however, numbers include moms on prescribed MOUD

Source: Office of Child and Family Services.

# MOUD Evolving in ME Corrections

- In July 2019, the Maine Department of Corrections (DOC) began treating OUD with buprenorphine
- State prisons (DOC) and country jails have different programs and leadership
- 100% of persons on MOUD released from DOC in 2020 received naloxone at release
- 76% of males and 86% of females admitted to DOC institutions in 2020 had SUD treatment needs

<https://youtu.be/9jZfd7fiH7E>

<https://youtu.be/L1IyaOoXZ0E>

# I AM THE EVIDENCE VIDEOS

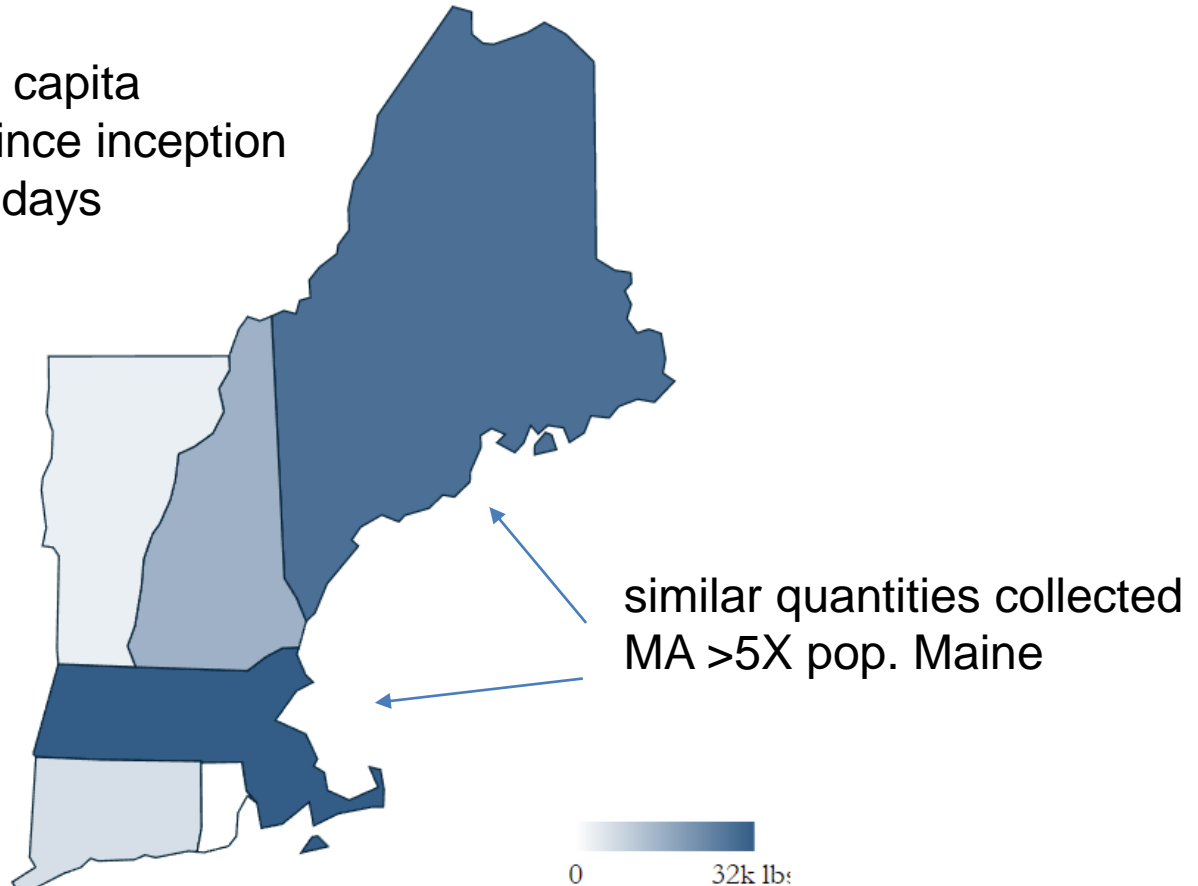
## MARK & BRIAN

# HARM REDUCTION & RECOVERY

# Drug Take Back

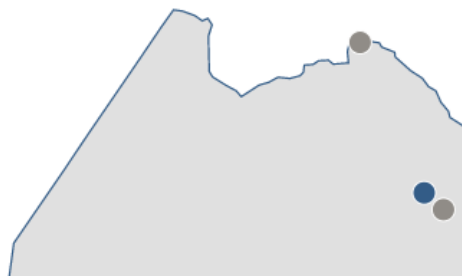
Drugs Collected during the Prescription Drug Take Back Day in New England, April 2021. Hover over each state to view pounds of prescriptions collected.

ME ranks #1 in per capita pounds collected since inception of Drug Take Back days

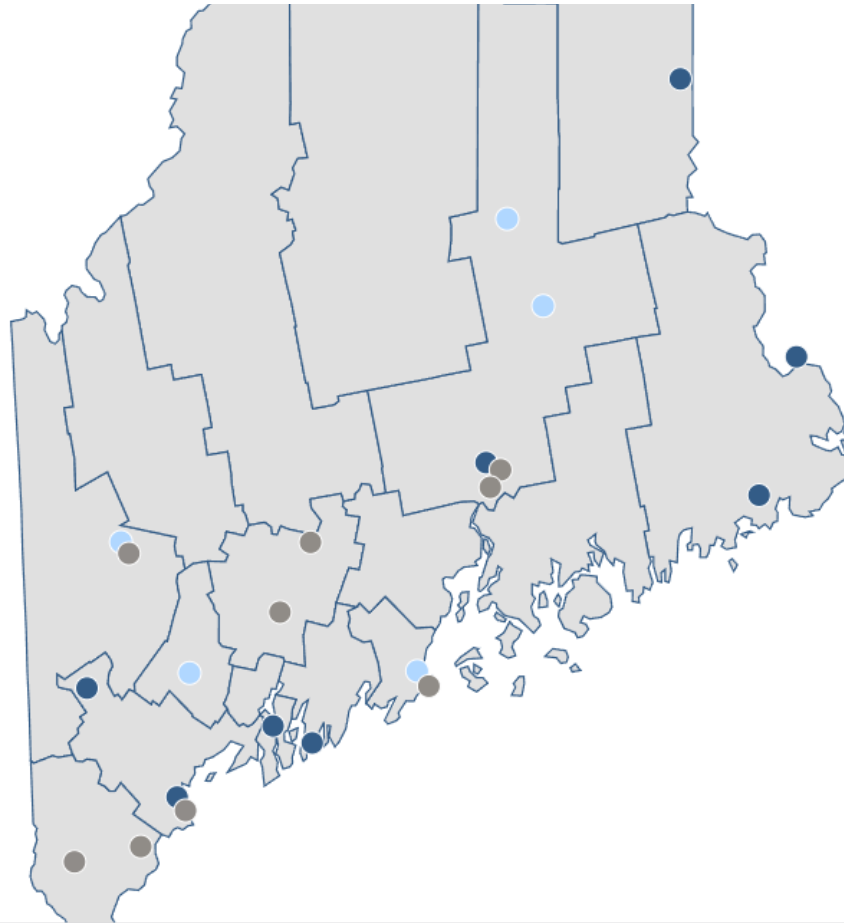


Source: United States Drug Enforcement Administration.





■ Recovery Community Center Funded by Maine Recovery Hub   ■ Additional Recovery Community Centers   ■ Peer Run Recovery Centers



# Maine Recovery Centers

# ME Options program knowyouroptions.me

knowyouroptions.me

ten's Basketbal... Commission on Co... Maine Public | Main... Login | Salesforce My Profile - Alosa Z... ASAM NPG C ME CDC Harvest BDN News - Bangor Dail... PCHC Citrix Bangor TM Mentor... MHDO Prescription...

**OPTIONS**  
SAVE LIVES

ABOUT • STORIES PREVENT OVERDOSE • RESOURCES DATA GLOSSARY COVID-19

WITH SUBSTANCE USE DISORDER

## There are Multiple Pathways to Recovery

From the grassroots to the Governor's office, Maine is coming together for those affected by the opioid epidemic. We are on a mission to save lives and strengthen communities, and we're putting all the options on the table. Because if we want to give people a fighting chance, we need to keep them alive, safe, and supported throughout their journey of active use and recovery.

# ME Options program-“About” tab

## OPTIONS Liaisons, by County\*

**Androscoggin County:** Dave Bilodeau – [dbilodea@tcmhs.org](mailto:dbilodea@tcmhs.org) – (207) 344-1828 (direct)

**Aroostook County:** Hayley Goudreau – [hgoudreau@amhc.org](mailto:hgoudreau@amhc.org) – (207) 496-9430 (cell)

**Cumberland County:** Tom MacElhaney – [tjmacelhaney@sweetser.org](mailto:tjmacelhaney@sweetser.org)

**Franklin County:** Katlynn Johnson – [katlynnj@wmbh-me.com](mailto:katlynnj@wmbh-me.com)

**Hancock County:** Emily Colligan, CADC – [ecolligan@amhc.org](mailto:ecolligan@amhc.org) – (207) 498-0824 (direct)

**Kennebec County:** Dawn Kearns – [dkearns@crisisandcounseling.org](mailto:dkearns@crisisandcounseling.org) – (207) 446-3304 (direct) or Request Help Online

**Knox County:** William Bucklin – [wbucklin@sweetser.org](mailto:wbucklin@sweetser.org)

**Lincoln County:** Alyssa Pelchat, LCSW, CCS – [apelchat@sweetser.org](mailto:apelchat@sweetser.org)

**Oxford County:** Glenn Gordon – [glenn.gordon@ocmhs.org](mailto:glenn.gordon@ocmhs.org) – (207) 357-1751

**Penobscot County:** Adam Perkins – [aperkins@chcs-me.org](mailto:aperkins@chcs-me.org)

**Piscataquis County:** Ashley Roberts, CADC – [aroberts@chcs-me.org](mailto:aroberts@chcs-me.org) – (207) 991-1162

**Sagadahoc County:** Maria Beauregard, CADC – [mbeauregard@sweetser.org](mailto:mbeauregard@sweetser.org)

**Somerset County:** Caron Chase – [cchase@crisisandcounseling.org](mailto:cchase@crisisandcounseling.org) – (207) 215-6254 (direct) or Request Help Online

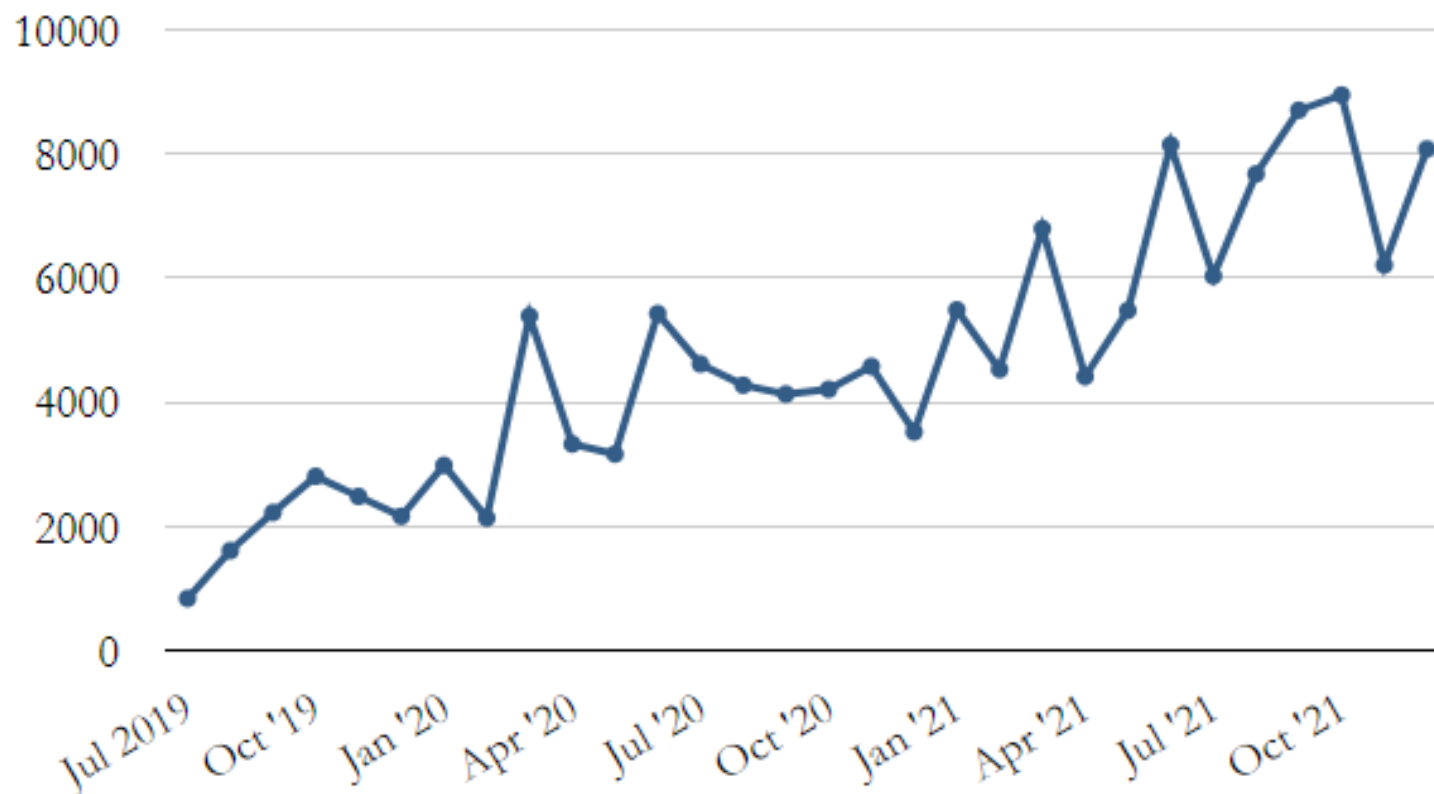
**Waldo County:** Kate Dowd, LMSW-cc – [cdowd@sweetser.org](mailto:cdowd@sweetser.org) – (207) 468-3463 (direct)

**Washington County:** Emily Colligan, CADC – [ecolligan@amhc.org](mailto:ecolligan@amhc.org) – (207) 498-0824 (direct)

**York County:** Lacey Bailey – [lm Bailey@sweetser.org](mailto:lm Bailey@sweetser.org)

# Naloxone distribution

State-Supplied Naloxone Doses Distributed Monthly



Source: University of Maine, Margaret Chase Smith Policy Center, Maine Naloxone Distribution Initiative.

# GETMAINENALOXONE.ORG



Get Maine Naloxone — Find Narcan® / Naloxone in Maine

[Home](#) [Get Naloxone](#) [Naloxone FAQ](#) [Respond to Overdose](#) [Overdose Response Mobile App](#)

## Naloxone in Maine saves lives

# GETMAINENALOXONE.ORG

## Where can I obtain naloxone in Maine?

Naloxone can be obtained in the state of Maine through several locations and programs depending on if you are an individual, an organization, or a member of a public safety or emergency medical response agency.



[I am an individual looking for naloxone](#)



[I represent a community organization or business looking for naloxone](#)



[I represent a law enforcement or EMS agency looking for naloxone](#)

# Naloxone distribution

## The MNDI Tier One Naloxone Distributors

BANGOR PUBLIC HEALTH



MAINE ACCESS POINTS



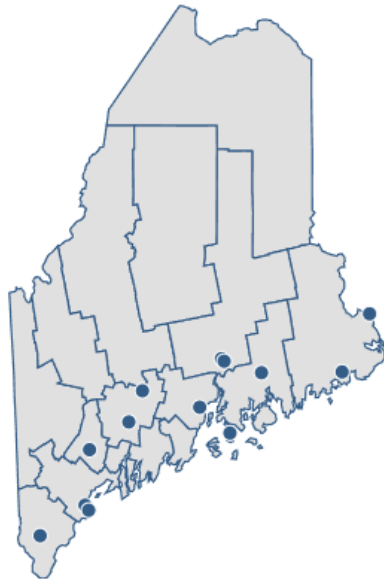
MAINE GENERAL



PORTLAND PUBLIC HEALTH



# Syringe Access Programs

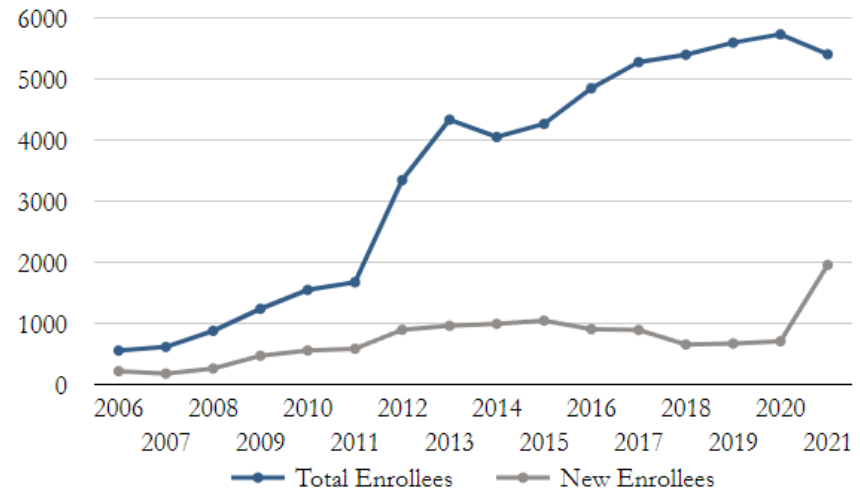


■ Syringe Access Program

Click on the map points to view SAP website.

Source: [Maine Center for Disease Control and Prevention, Syringe Service Programs in Maine Annual Report, 2020.](#)

Total and New Enrollees in Syringe Access Programs, 2006-2021



Source: [Maine Center for Disease Control and Prevention, Syringe Service Programs in Maine Annual Report, 2020.](#)

**Syringe Access Programs refer enrollees to other services including substance-use disorder treatment, housing, and medical care.**



# Syringe Access Programs

- increase the likelihood of entry into SUD treatment (5x)
- increase the likelihood of reducing/discontinuing injection drug use (3x)
- reduce the incidence of new HIV + HCV infections (1/2)
- prevent overdose deaths
- increase safe disposal of used syringes

# Syringe Access Programs

- Do not increase illegal drug use
- Do not increase the crime rate in the geographic area where they are located

\*4 HOURS OF OPIOID TOPICS \*HEPATITIS C\*

# **1:1 PRESCRIBING EDUCATION SESSIONS AVAILABLE- LIVE OR VIRTUAL**

“ACADEMIC DETAILING”

Additional group educational outreach presentation available from MICIS

# **PRESCRIBING TO REDUCE OVERDOSE RISK**

# In Summary...

- Use the PMP as a tool to improve prescribing
- Review data & resources at ME Drug Data Hub
- Support & participate in harm reduction

**\*\*2 week deadline\*\***

**FILL OUT E-MAILED EVALUATION TO  
GET CME CREDIT CERTIFICATE**

# MICISMAINE.ORG



# References

- Oregon Pain Guidance <https://www.oregonpainguidance.org/paineducationtoolkit/>
- How to Utilize NarxCare [https://pharmacy.ks.gov/docs/librariesprovider10/ktracs/user-guides/risk-indicator-score-explanation.pdf?sfvrsn=ebe8aa01\\_6](https://pharmacy.ks.gov/docs/librariesprovider10/ktracs/user-guides/risk-indicator-score-explanation.pdf?sfvrsn=ebe8aa01_6)
- Maine PMP <https://www.maine.gov/dhhs/obh/providers/prescription-drug-monitoring-program>
- Centers for Disease Control and Prevention. 2020. Summary of Information on The Safety and Effectiveness of Syringe Services Programs (SSPs). November 4. <https://www.cdc.gov/ssp/syringe-services-programs-summary.html>.
- <https://mainedrugdata.org/>
- <https://knowyouroptions.me/>
- <https://getmainenaloxone.org/>

# Video links

- <https://youtu.be/BTVLCM6N6H8> (Dustin's story, Options program, Maine)
- <https://youtu.be/9jZfd7fiH7E> (Mark, I am the Evidence, Massachusetts)
- <https://youtu.be/L1IyaOoXZ0E> (Brian, I am the Evidence, Massachusetts)